



Lenovo ThinkPad T14 Intel Core Ultra 5 125U Ordinateur portable
35,6 cm (14") WUXGA 16 Go DDR5-SDRAM 512 Go SSD Wi-Fi 6E
(802.11ax) Windows 11 Pro Noir

Marque : Lenovo **Famille de produit:** ThinkPad **Code produit:** 21ML0023GE
Nom du produit : T14

Lenovo ThinkPad T14. Type de produit: Ordinateur portable, Elément de format: Boîte coquille. Famille de processeur: Intel Core Ultra 5, Modèle de processeur: 125U. Taille de l'écran: 35,6 cm (14"), Type HD: WUXGA, Résolution de l'écran: 1920 x 1200 pixels. Mémoire interne: 16 Go, Type de mémoire interne: DDR5-SDRAM. Capacité totale de stockage: 512 Go, Supports de stockage: SSD. Modèle d'adaptateur graphique à bord: Intel Graphics. Système d'exploitation installé: Windows 11 Pro. Couleur du produit: Noir. Poids: 1,38 kg



Design		Audio	
Colour name	Black	Number of microphones	2
Product type *	Laptop	Camera	
Product colour *	Black	Front camera	✓
Form factor *	Clamshell	Front camera resolution (numeric)	5 MP
Display		Infrared (IR) camera	✓
Display diagonal *	35.6 cm (14")	Privacy camera	✓
Display resolution *	1920 x 1200 pixels	Privacy type	Privacy shutter
Touchscreen *	✗	Network	
HD type	WUXGA	Top Wi-Fi standard *	Wi-Fi 6E (802.11ax)
Panel type	IPS	Wi-Fi standards	Wi-Fi 6E (802.11ax)
LED backlight	✓	Mobile network connection *	✗
Native aspect ratio	16:10	Antenna type	2x2
Anti-glare screen	✓	WLAN controller model	Intel Wi-Fi 6E AX211
Display brightness	400 cd/m²	WLAN controller manufacturer	Intel
RGB colour space	NTSC	Ethernet LAN	✓
Colour gamut	45%	Ethernet LAN data rates	100,1000 Mbit/s
Maximum refresh rate	60 Hz	Bluetooth	✓
Contrast ratio (typical)	800:1	Bluetooth version	5.3
Processor		Near Field Communication (NFC)	✗
Processor manufacturer *	Intel	WWAN	Upgradable
Processor family *	Intel Core Ultra 5	Ports & interfaces	
Processor generation	Intel® Core™ Ultra (Series 1)	USB 3.2 Gen 1 (3.1 Gen 1) Type-A ports quantity *	2
Processor model *	125U	Ethernet LAN (RJ-45) ports	1
Processor cores	12	HDMI ports quantity *	1
Processor threads	14	HDMI version	2.1
Processor boost frequency	4.3 GHz	Thunderbolt 4 ports quantity	2
Performance cores	2		
Efficient cores	8		

Processor		Ports & interfaces	
Low Power Efficient-cores	2	Intel® Thunderbolt 4	✓
Performance-core Max Turbo Frequency	4.3 GHz	Combo headphone/mic port	✓
Efficient-core Max Turbo Frequency	3.6 GHz	USB Type-C DisplayPort Alternate Mode	✓
Low Power Efficient-core Max Turbo Frequency	2.1 GHz	USB Sleep-and-Charge	✓
Performance-core base frequency	1.3 GHz	USB Sleep-and-Charge ports	1
Efficient-core base frequency	0.8 GHz	Performance	
Low Power Efficient-core Base Frequency	700 MHz	Motherboard chipset	Intel SoC
Processor cache	12 MB	Keyboard	
Processor cache type	Smart Cache	Pointing device	ThinkPad UltraNav
Processor base power	15 W	Keyboard language	German
Maximum turbo power	57 W	Numeric keypad *	✗
Neural processor unit (NPU)		Keyboard backlit	✓
Neural processor unit (NPU)	Intel AI Boost	Spill-resistant keyboard	✓
Maximum frequency NPU	1.4 GHz	Software	
Sparsity support	✓	Operating system architecture	64-bit
Windows Studio effects support	✓	Operating system language	German
AI datatype support on NPU	FP16, FP32, Int8	Operating system installed *	Windows 11 Pro
AI software frameworks supported by NPU	DirectML, ONNX RT, OpenVINO, Windows ML	Battery	
Memory		Battery technology	Lithium Polymer (LiPo)
Internal memory *	16 GB	Battery capacity *	52.5 Wh
Internal memory type	DDR5-SDRAM	Fast charging	✓
Memory clock speed	5600 MHz	Power	
Memory form factor	SO-DIMM	AC adapter power	65 W
Memory layout (slots x size)	1 x 16 GB	AC adapter frequency	50/60 Hz
Memory slots	2x SO-DIMM	AC adapter input voltage	100 - 240 V
Maximum internal memory *	64 GB	USB Power Delivery (USB PD) *	✓
Memory channels	Dual-channel	Security	
Storage		Cable lock slot	✓
Total storage capacity *	512 GB	Cable lock slot type	Kensington
Storage media *	SSD	Fingerprint reader	✓
Total SSDs capacity	512 GB	Smart card reader	✓
Number of SSDs installed	1	Windows Hello	✓
SSD capacity	512 GB	Trusted Platform Module (TPM)	✓
SSD interface	PCI Express 4.0	Trusted Platform Module (TPM) version	2.0
NVMe	✓	Password protection	✓
SSD form factor	M.2	Password protection type	BIOS, Power on, SSD, Supervisor
Optical drive type *	✗	Operational conditions	
Card reader integrated	✗	Operating temperature (T-T)	5 - 35 °C
Graphics		Storage temperature (T-T)	5 - 43 °C
Discrete graphics card model *	Not available	Operating relative humidity (H-H)	8 - 95%
On-board graphics card *	✓	Storage relative humidity (H-H)	5 - 95%
On-board GPU manufacturer	Intel	Maximum shipping altitude	3048 m
Discrete graphics card *	✗	Certificates	
On-board graphics card family	Intel Graphics	Compliance certificates	RoHS
On-board graphics card model *	Intel Graphics	Certification	ENERGY STAR® 8.0 EPEAT™ Gold Registered[3] ErP Lot 6/26 RoHS compliant TCO Certified 9.0 MIL-STD-810H
Audio		Sustainability	
Audio chip	Realtek ALC3287	Sustainability compliance	✓
Audio system	Dolby Audio	Weight & dimensions	
Number of built-in speakers	2	Width	315.9 mm
Speaker power	2 W	Depth	223.7 mm
Built-in microphone	✓		

Weight & dimensions

Height	17.7 mm
Weight *	1.38 kg



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